

Native Perennials for Lake Shore Plantings



Plant buffers are an important tool to help lessen the adverse affects of human activity on water quality. Plant buffers slow runoff and help catch nutrients, sediments and other pollutants before they can enter the water. The best improvement shoreland owners can make is to add a shoreland buffer. These plants also provide habitat for and food birds, frogs, a wide variety of insects, fish, turtles, ducks, and many other animals. It is an excellent opportunities to grow native plants. There are many beautiful native perennials that will thrive in the wet conditions around lakes and ponds. Use this palette of plants to create a beautiful and interesting garden. The colors, shapes and textures of the plants are themselves an attractive addition to your garden. In addition, you will create an opportunity to enjoy watching the butterflies, moths, birds and other wildlife that your native habitat attracts. Native trees and shrubs are important plants for the shoreline garden. Mix these with the perennials to increase habitat value and soil holding abilities.

Botanical Name	Common Name	Flower Color	Height	Notes
<i>Amsonia tabernaemontana</i>	Willow Blue Amsonia	Steel blue	1-3 ft	Deer rarely eat, excellent butterfly plant
<i>Arisaema triphyllum</i>	Jack-in-the-pulpit	Brown, green	1-2 ft	Attracts insects
<i>Aruncus diocus</i>	Goats Beard	creamy white	3-6 ft	Insects love it!, Beautiful astibe-like foliage
<i>Asclepias incarnata</i>	Swamp Milkweed	Pink	3-4 ft	Deer rarely eat, excellent butterfly plant, host Monarch butterfly
<i>Caltha palustris</i>	Marsh Marigold	Yellow	1-2 ft	Nectar an pollen for bees and flies, seed for birds
<i>Carex muskingumensis</i>	Sedge, Palm	Brown, green	2-3 ft.	Provides cover for animals
<i>Chelone glabra</i>	White Turtlehead	White	2-3 ft.	Larval host plant for the Baltimore checker spot butterfly.
<i>Chelone lyonii</i>	Pink Turtlehead	Pink	2-3 ft.	Larval host plant for the Baltimore checker spot butterfly.
<i>Doellingeria umbellata</i>	Flat-topped White Aster	White	3 to 5 ft	Butterfly nectar plant, Seeds for birds
<i>Eupatorium perfoliatum</i>	Common Boneset	White	3 to 6 ft	Insects love it! Interesting foliage,
<i>Eupatorium purpureum</i>	Joe Pye Weed	Pink	3-4 ft	Insects love it!, attracts beneficial insects
<i>Gentiana andrewsii</i>	Bottle Gentian	Blue	2-2 1/2 ft	Bumble bees pollinate, rich in nectar
<i>Geum rivale</i>	Water Avens	Red-Yellow	1-2 ft	Pollinated by bees and flies
<i>Hibiscus moscheutos</i>	Swamp Rose mallow	Creamy white- red	3-5 ft	Attracts hummingbirds
<i>Iris versicolor</i>	Blue Flag Iris	Blue	1-2 ft	Attracts hummingbirds
<i>Lillium superbum</i>	Turk's Cap Lily	Orange	3-8 ft	Attracts hummingbirds and butterflies.
<i>Lobelia cardinalis</i>	Lobelia, Red Cardinal Flower	Red	2-3 ft.	Butterfly and humming bird favorite.
<i>Lobelia siphilitica</i>	Lobelia, Great Blue	Blue	2-3 ft.	Butterfly and humming bird favorite.
<i>Osmunda claytoniana</i>	Fern, Interrupted	none	2-4 ft	Attractive fern
<i>Osmunda regalis</i>	Fern, Royal	none	2-4 ft	Attractive fern
<i>Mertensia virginica</i>	Virginia Bluebells	Blue	1-2 ft	Attracts native bees, butterflies and moths.
<i>Mimulus ringens</i>	Monkey Flower	Light Blue	2-4 ft	Bumble bees, host plant for halcedony Midget moth
<i>Packera aurea</i>	Golden groundsel	Yellow	1-3 ft	Attracts butterflies and bees
<i>Verbena hastata</i>	Blue Vervain	Blue	4-6 ft	Butterfly host plant
<i>Vernonia noveboracensis</i>	New York IronWeed	Purplish blue	3-6 ft	Pollen and nectar for butterlies and bees
<i>Zizia aurea</i>	Golden Alexanders	Yellow	1-3 ft	Attracts butterflies, Larval host plant for Black Swallowtail